October 2011

Dear Parents/Carers,

LIFE EDUCATION NSW

Life Education NSW has scheduled a visit to our school as follows:

Dates: Monday, 24 October – Wednesday, 2 November 2011

Cost $8.00 per child

The cost per child includes the Life Education session, a student workbook and a sticker for each child. This program supports the PDHPE curriculum.

Below is a brief outline of the subjects covered under the program for each group-

Early Stage 1 (K) Healthy food choices, importance of physical activity and safety

Stage 1 (Yrs1/2) Body workings, safety, decision making, environmental health issues, emergency procedures, individual needs, digestion, food choices, exercise, safe use and storage of medicines.

Stage 2 (Yrs3/4) Friendship, resilience, healthy food choices, physical activity, safe and unsafe situations, medicines and peer influences.

Stage 3 (Yrs5/6) Effects of smoking, passive smoking, peer influence and refusal skills. Consequences of alcohol use, and misuse, stay safe situations and refusal skills. Decision making, emotions, pressure, risk taking, problem solving.

“Healthy Harold” merchandise will be available for purchase during the program and a copy of the price list will be included in our Newsletter.

Mrs A. Hewson                                                        Mrs P. Christo
Principal                                                                   Co ordinator

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LIFE EDUCATION NSW
Permission & Money due by Thursday, 20 October 2011

I give permission for my child ................................................. of Class..........
to attend the Life Education program. I enclose the $8.00 cost.

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Parent/Carer                                                    Date