LIFE EDUCATION NSW

28 October 2013

Dear Parents and Carers,

Life Education NSW has scheduled a visit to our school as follows:

Dates: Monday, 18 November – Wednesday, 27 November 2013

Cost $10

The cost per child includes the Life Education session, a student workbook and a sticker for each child. This program supports the PDHPE curriculum.

Below is a brief outline of the subjects covered under the program for each group:-

Early Stage 1 (K) Healthy food choices, importance of physical activity and safety

Stage 1 (Yrs1/2) Body workings, safety, decision making, environmental health issues, emergency procedures, individual needs, digestion, food choices, exercise, safe use and storage of medicines.

Stage 2 (Yrs3/4) Friendship, resilience, healthy food choices, physical activity, safe and unsafe situations, medicines, peer influences.

Stage 3 (Yrs5/6) Effects of smoking, passive smoking, peer influence and refusal skills. Consequences of alcohol use, and misuse, stay safe situations. Decision making, emotions, peer pressure, risk taking, problem solving.

“Healthy Harold” merchandise will be available for purchase during the program and a copy of the price list will be included in our Newsletter.

Please return the permission slip and payment by Thursday 14 November 2013.

Mrs A. Hewson
Principal

Mrs P. Christo
Coordinator

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LIFE EDUCATION NSW
Permission & Money due by Thursday, 14 November 2013

I give permission for my child ..........................................................of Class......................to attend the Life Education program. I have enclosed the $10 payment.

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Parent/Carer                                                                    Date