14 September 2010

Dear Parents/Carers,

LIFE EDUCATION NSW

Life Education NSW has scheduled a visit to our School as follows:

Dates: Tuesday, 12 October – Wednesday, 20 October 2010

Cost $7.00 per child

The cost per child includes the Life Education session, a student workbook and a sticker for each child. This program supports the PE/H/PD curriculum.

Below is a brief outline of the subjects covered under the program for each group-

Stage 1 (K) Healthy food choices, importance of physical activity and safety
Stage 1 (Ys1/2) Body workings, passive smoking, safety, decision making, environmental health issues, emergency procedures, individual needs, digestion, food choices, exercise, medicines and/or smoking.
Stage 2 (Ys3/4) Friendship, resilience, healthy food choices, physical activity, safe and unsafe situations, medicines, peer influence and friendship.
Stage 3 (Ys5/6) Smoking, passive smoking, peer influence and refusal skills. Consequences of alcohol use, harm minimisation, stay safe situations and refusal skills. Decision making, emotions, pressure, risk taking, problem solving.

“Healthy Harold” merchandise will be available for purchase during the program and a copy of the price list will be included in our Newsletter.

Mrs A. Hewson                                                        Mrs K. Fowler
Principal                                                                   Co ordinator

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LIFE EDUCATION NSW
Permission & Money due by Wednesday, 22 September 2010

I give permission for my child .................................................of Class...........
to attend the Life Education program. I enclose the $7.00 cost.

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Parent/Carer                                                                   Date