Food at School

One of the many difficulties faced by parents of children with special dietary needs is managing their food intake when the children are out of their care.

Schools have an increasing number of students whose health and behaviour can be negatively effected by even the smallest amount of prohibited foods. For some, these allergies relate to nuts, dairy products, shell fish, preservatives and artificial colourings and flavourings. Other children have medical conditions, such as diabetes, where food intake needs to be carefully balanced and controlled, or religious beliefs which restrict the consumption of certain foods.

Families at our school who have children with these needs have done a wonderful job in educating their children and giving them the skills they need to make good decisions when faced with food choices.

As a community, we can help these families and their children in small but very practical ways which makes their situation so much easier and less stressful. We ask that:

* Students don’t share food. Please talk with your child about why they should not give their food to any one else, and why they shouldn’t eat someone else’s food.
* Students don’t buy things for other children at the canteen or on special occasions like cake days, sausage sizzles etc.
* Students don’t give money to other children.

Many children are naturally generous and like to share, and these are qualities which we generally encourage and reward. Understanding the reason why we don’t share food or money, therefore, needs careful explanation.

With a strong focus on promoting healthy food choices, I also ask that parents refrain from delivering take-away food, such as McDonalds, to children at lunch time. Apart from the dietary concerns, it also creates resentment from other children, and is at odds with the message we are trying to deliver.

As a community, supporting families who have additional challenges to face on a daily basis is something Connells Point parents do well. Your assistance in being aware of this issue, and helping your children to be sensitive to the restrictions that some children face, would be most appreciated.

Semester Reports

Semester 1 Reports will be issued to students on Thursday, 1 July. They will be sent home with your child in a sealed envelope, and it is our expectation that this is how you will receive them.

Our Stage 3 Community Language teacher, Miss Paloumis, has been on sick leave for a number of weeks and her illness has prevented her from being able to prepare reports for the students she teaches. These reports will be issued in Term 3.

Our reports for students in Years 1 to 6 follow the format and requirements of the Department of Education and Training. Achievement is rated on a scale from Outstanding to Limited, with Sound being the standard generally expected of students in a particular grade. Effort is rated on a five point scale, with 5 indicating outstanding effort and application and 1 representing minimal effort.

Teachers have considered a great deal of assessment information and worked collaboratively to create reports which, in their professional opinions, reflect the progress of their students this year. It is recommended that parents and students develop goals for Semester 2, based on the information the reports provide.

Dates to Remember 2010

Term 2

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>24 June</td>
<td>3M, 3W, 2/3K Cockatoo Island excursion</td>
</tr>
<tr>
<td>25 June</td>
<td>Y3&amp;4 cupcake day</td>
</tr>
<tr>
<td>28 June</td>
<td>Colour &amp; Style night</td>
</tr>
<tr>
<td>29 June</td>
<td>Engadine Bandfest 4G, 4S, 4M Cockatoo Island excursion Reports issued</td>
</tr>
<tr>
<td>1 July</td>
<td>Last Day of Term</td>
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</table>

Term 2 Money & Note due

<table>
<thead>
<tr>
<th>Date</th>
<th>Amount</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 July</td>
<td>$30</td>
<td>Infants, 2/3K, 3M Gymnastics</td>
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</table>

Term 3

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>20 July</td>
<td>Students Return</td>
</tr>
<tr>
<td>22 July</td>
<td>Y4 Choir Rehearsal</td>
</tr>
<tr>
<td>29 July</td>
<td>Imax Theatre</td>
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</tbody>
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Term 3 Money & Note due

<table>
<thead>
<tr>
<th>Date</th>
<th>Amount</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>22 July</td>
<td>$25</td>
<td>Imax Theatre</td>
</tr>
</tbody>
</table>
Enrolments 2011

We would like to finalise our numbers for Kindergarten next year, and seek your help in ensuring all local children, or siblings of children currently enrolled at our school, have their names listed at our office. We are currently organising interview appointments, and would like to include all children intending to enrol here next year.

There has been strong interest in enrolment from non-local students. At this stage, waiting lists have commenced for non-local enrolments in all grades.

Peer Support—Week Eight

In this week’s final session of *Living Positively* the children will reflect on what they have learned in Peer Support. They will remember to think optimistically, persevere and use positive self talk. The children will learn about a model—I laugh, I live, I love. This will help them to remember the activities they enjoy, their strengths and to show appreciation to others. Discuss with your child ways they can live positively.

SRC News

A reminder about **Crazy Hair Day** next **Wednesday, June 30**. A gold coin donation is required in order to raise funds for Cystic Fibrosis research.

Please remember to create your hairstyle at home. **Do not bring hairspray, etc to school.** SRC will be photographing the **craziest** hairstyles on the day. Your attire will be sensible, casual clothing befitting the weather on the day. Closed in shoes are essential!

Let’s enjoy our day and support a most worthy cause simultaneously!

SRC Teachers

P & C News

**What is our P & C Association all about?**

At our last P & C meeting someone came along and asked what we do, do we just talk about fund raising? The answer is no, we talk about many things to do with our school. In response to this question, I thought I would write a short note about some of the things we discuss at our meetings.

Our P & C Association brings our school community together. It is a school-based organisation open to all parents, teachers and interested citizens of our community.

The P & C is about being involved with your children’s school and education. We are the parents' voice. Anything concerning our school can be discussed at the P & C meetings or with any of our executive committee.

We do many different things, not just fundraising (although fundraising is an important part of our role). Other P & C roles are: manning the Pick Up Zone, the canteen, the uniform shop, the welcome BBQ, help cover books in the library and being a class parent just to name a few.

We usually try and run a few fundraising events throughout the year, hopefully catering to everyone. There is no pressure to attend or be involved at all fundraising events but we do hope that at least one of the events will appeal to you.

Meetings are held on the **third Tuesday** of each month at 7.00pm. Meetings offer opportunities to discuss issues brought up by parent school council members; to gain information about school programs and curriculum through talks by visiting speakers and staff; and to coordinate fund raising. We are also the governing body for the canteen and the uniform shop.

I hope the above has helped explain what the P & C Association is all about but the best way to find out what goes on at our meetings is to come along!
P & C News continued

Uniform Shop

Please do not send in large amounts of money with your children. Wherever possible, please pay for your order by cheque (payable to CPPS P&C Uniform Shop).

When we have to give change to children, we tell them to be careful with it, however, once they leave the uniform shop, we cannot be held responsible if that money is lost or stolen between the time of purchase and when they get home.

Also, we do not have an enormous cash float. It is nearly impossible for us to give change when we are consistently receiving $50.00 or $100.00 bills.

Thank you for your cooperation.

The Uniform Shop Managers

CPPS P&C Building Fund

Thank you to all those people who have already donated money into our Building Fund appeal. Your receipts will be sent out to you soon.

If you were meaning to donate some money but haven’t gotten around to it yet, it’s not too late! Get in before the end of the financial year—remember all donations are tax deductible.

Absolutely Fabulous Colour & Style Night

Their presentation usually lasts for around 90 minutes and is full of wonderful information and advice for women of all ages. It includes a comprehensive array of visuals and practical demonstrations on the power of colour, line and design to positively enhance the way we look.

Canteen News

Cruizer pies are available - $2.50

End of Term Specials
Available lunch all of last week of term (unless sold out)

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Quench Fizzy drinks—cola, blue lemonade, orange, apple and raspberry, lemon and lime</td>
<td>$1.30</td>
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<tr>
<td>Twisties/Doritos/Chicken/BBQ chips</td>
<td>$1.50</td>
</tr>
<tr>
<td>Chocolate Curly Wurly</td>
<td>70c</td>
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<tr>
<td>Zappos—strawberry/grape</td>
<td>50c</td>
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<tr>
<td>Sour geckos</td>
<td>40c</td>
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P & C News continued

Canteen Roster

<table>
<thead>
<tr>
<th>Friday</th>
<th>June 25</th>
<th>Monday</th>
<th>28</th>
<th>Tuesday</th>
<th>29</th>
<th>Wednesday</th>
<th>30</th>
<th>Thursday</th>
<th>July 1</th>
<th>Friday</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allison</td>
<td>Melissa</td>
<td>Sharon</td>
<td></td>
<td>Jill</td>
<td>Toni</td>
<td>Sheridan</td>
<td>Xenia</td>
<td>Branca</td>
<td>Virginia</td>
<td>Donna</td>
<td>Sandra</td>
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Pick Up Zone Supervision Roster

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<tr>
<th>Friday</th>
<th>June 25</th>
<th>Monday</th>
<th>28</th>
<th>Tuesday</th>
<th>29</th>
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<th>July 1</th>
<th>Friday</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leasa</td>
<td>Kate</td>
<td>Eli</td>
<td>Natalie</td>
<td>Mrs L.</td>
<td>Sue</td>
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Community News

Museum of Contemporary Art

School Holiday Programs

Mad Mondays at the Biennale

Due to popular demand, Mad Mondays are back! Join these lively art-marking sessions running every Monday in the school holidays. Have fun exploring the Biennale and create your own amazing artworks.

Level 5-12 year olds

Date Monday, July 5, Monday, July 12

Time 10.30am-12noon or 1.30-3.00pm (repeat session)

Cost $12/$10 members

Bookings essential

For more information please contact MCA Learning on 02 9245 2484 or education@mca.com.au

*This program is designed for unaccompanied children

Connells Point BASC

Forms out now!

Come and have some fun ice skating, bowling, Movies, DJ day and much more!

Call Tara or Jann on 9546 1092

For more information or pick up an enrolment form from the hall.