CONNELLS POINT PUBLIC SCHOOL
Principal: Mrs Anne Hewson

CONNELLS POINT PUBLIC SCHOOL OFFICE
Opens from 8.45am – 3.30pm.

THE PARENTS & CITIZENS ASSOCIATION
The P&C Meets on the 3rd Tuesday of each month at 7.00pm.
Everyone Welcome. President: Mrs Sue Szalay

www.connellspt-p.schools.nsw.edu.au

THE CPPS CANTEEN
Opens Monday – Friday.
To volunteer contact: Mrs Sharon Alimonti 0416 014 489

THE CPPS UNIFORM SHOP
Open Monday & Friday Mornings
from 8.45am – 9.30am

BEFORE & AFTER SCHOOL CARE
Available from 7.00 – 9.00am & 3.25pm – 6.00pm
Telephone: 9546 1092

ADVERTISING: Further information regarding advertising your business contact Sue Szalay on 0404 022 489

WHILE WE GRATEFULLY ACKNOWLEDGE THE SUPPORT OF OUR SPONSORS, THE GOODS AND SERVICES ADVERTISED ARE NOT NECESSARILY ENDORSED BY CONNELLS POINT PUBLIC SCHOOL OR THE DEPARTMENT OF EDUCATION & TRAINING.
M.A.T Painting Service
Commercial-Industrial-Domestic
ABN: 50 595 327 456
Tass Foundouradakis
Proprietor
matpainting@optusnet.com.au
0418 22 66 84
Lic no. 207790C
PO Box 38
South Hurstville NSW 2221
Fire Upgrade Intumescent Paint

George Zagas
HANDYMAN
MOBILE: 0400 424000
Fences - Odd Jobs - Doors & Locks
Tiling & Paving - Plastering - Painting
www.hireahubby.com.au
TEL: 1800 803 339

24hr 7day Emergency call out.
No service call for local jobs.

- Water Jet & Electric eel drain cleaning
- CCTV camera inspections 20mm -300mm
- Pipe locating service
- Pipe Freezing
- Fault finding and leak detection
- Pool leak detection
- Water hammer removal (Guaranteed)
- Water saving
- All roof repairs
- Metal roofs & gutters

Richard Langham
Mob. 0408 264 131
Licensed Plumbers, Drainers & Gasfitters
ABN 40 111 047 235 • Lic No. L14695 • CA 169406C
Email: richardlangham@bigpond.com
PO Box 511, South Hurstville NSW 2221
**Private indoor heated swimming pool**

Limited to 3 per class

Qualified by Aust-Swim Australia

~ First-aid certified

Ionized and odour free

~ Lounge area

Located overlooking Moore Reserve, Hurstville Grove

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**Classes held Tuesday & Wednesday, 1st Hurstville Grove Scout Hall—East Cres, Hurstville Grove**

**Www.squiredance.com**

All Enquiries Cheryl Squire

TEL: 9570 3665

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**The Shire Blood Donor Centre**

Kiora Mall
29 Kiora Road
Miranda NSW 2228

**Collection Hours**

Monday – Closed
Tuesday – 8.00am – 3.00pm
Wednesday – 11.00am – 7.00pm
Thursday – 11.00am – 7.00pm
Friday – 8.00am – 3.00pm
Saturday – 8.00am – 3.00pm

For more information or to make an appointment to give blood call

13 14 95 or visit www.donateblood.com.au
In an eye examination, our experienced optometrists will check:

- your glasses prescription and vision
- for cataracts
- fluid pressure inside the eye for glaucoma
- for evidence of changes to the back of the eye from Diabetes and high blood pressure

- We use the latest technology in digital imaging to photograph the innermost nerve layer of the eye (retina)
- Eye examinations are bulk billed (where appropriate) to Medicare
- Children’s eye examinations
- Contact lenses prescribed and fitted
- On the spot health fund claiming available (HCAPS)

Suite 8, Menai Metro
62-70 Allison Cres
Menai NSW 2234

PH: 9543-1166

reception@menaieyecare.com.au
2012 Enrolments

Applications are currently being received for enrolment in Kindergarten in 2012. I encourage all local families with a child eligible to start school next year to contact our office and lodge an application to enrol form and details. At this time, forms are not being received from non-local families, but contact details are being recorded as an expression of interest.

Each year, the number of available places (if any) for non-local students is determined by the number of in-area applications that are received. This year, we were able to take non-local enrolments for the first time in a number of years, due to the increased permanent classroom accommodation provided by BER. It is not expected that the situation will be repeated to the same extent next year. We are seeking to maintain our current number of students, not further increase our enrolment.

Therefore, it is important that all families wishing to attend our school next year make contact as soon as possible. Early next term, these families will be offered an interview time with me so that we can collect information about their child and answer any questions that they might have.

The sooner we have an accurate picture about prospective local and sibling enrolments, the better we can plan our resources and determine remaining positions for other families.

Information about enrolment is available on our website. If you know of neighbours within our boundaries who are considering enrolling at our school in 2012, please encourage them to start the process by contacting our office as soon as possible.

On another note, can I please remind you about the following:

- Children need raincoats in their bags, every day. No umbrellas.
- Children are not to arrive before supervision commences at 9:00 a.m., unless for a prearranged training session at which a teacher is supervising them.
- Please let the office know if you change your home address, phone numbers or emergency contact person. We need to be able to get in touch with you quickly, if necessary.
- Please drive and park according to the road rules, especially in wet weather. Keep our children safe!

Value of the Week

Participation is the value for the coming week, encouraging students to have a go and not be afraid of mistakes.

For children to feel comfortable to take a risk and participate, perhaps in something new or outside their comfort zone, they need confidence, resilience and trust.

As teachers and parents, we can assist this development by valuing the participation more than the result; valuing that a child offers an answer, even if it’s incorrect; that they try out for a team, even if their skills are undeveloped or they miss out; that they attempt a task, even if they miss the point, or do it wrongly.

Recognising the effort and appreciating the participation should be our first response. Where effort is lacking, we can encourage and motivate. Poor results that result from lack of care or attention are a different matter, but should still be managed in a way that builds the child’s willingness and commitment to doing better next time.

Dates to Remember 2011

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Term 2 Money & Note due

23 June $5 Muffin & Milk Day

Term 3 Money & Note due

21 July $13 Athletics Carnival Y3-6
PEER SUPPORT

WEEK 7

In Peer Support this week, children will be focusing on the skills of winning in a friendly way and coping with losing. The children will participate in various activities and discuss how to accept the outcome of a game, no matter what it is, in a friendly way in order to maintain those friendships.

During the week, encourage your child to practise these skills in all aspects of life—whether it be weekend sport or choosing what to watch.

PRINCIPAL’S AWARDS

Principal’s Awards have been received by:

- Constaince W
- Mikayla H
- Justin S
- Lachlan V
- Nik H
- Jessica G
- Emily S
- Edward W
- Billy F
- Alex L
- Theo P
- Ruby D

Congratulations to these students for consistently displaying our Values in Action.

HEALTHY SLEEP HABITS

When children sleep well, they’ll be more settled, happy and ready for school the next day. Getting enough sleep strengthens their immune systems and could reduce the risk of infection and illness.

Experts believe primary school children require around 10-12 hours of sleep per night and up to half of all children and adolescents experience some problem with getting enough sleep. You can help your child to develop healthy sleep habits which include:

- set bedtimes and wake times - try and keep these regular
- no TV/computer games one hour before bed
- no TVs in bedrooms
- no caffeine, high sugar or high spicy food 3-4 hours before bed
- comfortable temperature, light and noise levels in the bedroom
- warm milk or camomile tea can help induce sleep
- convincing children that it is important to sleep well - reward them for complying with bedtime rules
- visiting your doctor and asking to be referred to a sleep specialist if your child’s sleep problems persist or worsen


SRC NEWS

THANK YOU to everyone who purchased Stewart House dolphins. We are now sold out.

Many thanks
SRC Co ordinators
Mrs C. Murray & Mrs N. McCain
Green Club would like to inform you that, this month, our school is going "Water Wise" due to the fact that we are paying much more than we need to for water.

The last water bill our school paid was $3895 which could and should be minimised. Some children turn all the taps on to see bubbles come up outside the wash room, which wastes lots of water.

Please try not to waste water at our school this month because our school is going "Water Wise" to save money, which we can spend on something better.

Written by Emma, Year 5 Green Club member

During the months of June and July, Water Watchers will help Connells Point Public School remember to use water wisely. Our aim is to reduce the amount of water we use which will help our environment and save our school some money. Water Watchers will wear a badge, turn off taps, report any leaking taps and remind people to be "Water Wise". Please help us to achieve our goal and reduce the amount of water that we use at CPPS. Thank you.

From the Green Club.

THE GREEN CLUB

P & C NEWS

CPPS FETE
10 September, 2011

12 Weeks to go

WHITE ELEPHANT STALL

Year 4 has the enormous task of looking after this stall. They are looking for donations of GOOD QUALITY items in the categories below. Throughout next term, items can be brought to the school on Wednesday, Thursday and Friday mornings between 9am – 10am and taken to the demountable classroom in the infant’s playground.

- Week 1 Clothes and Shoes
- Week 2 Toys and Games
- Week 3 Kitchen items
- Week 4 Nick Knacks
- Week 5 Sporting Goods
- Week 6 Outdoor items
- Week 7 Furniture
- Week 8 All items (Last Week)

During the upcoming school holidays why not have a clean out and save any unwanted items in the above categories? Remember –

ANOTHER PERSON’S JUNK IS SOMEONE ELSE’S TREASURE!
REMINDER CUPCAKE DAY

TUESDAY 21 JUNE
KINDERGARTEN
WILL BE PROVIDING CAKES FOR
ALL STUDENTS TO PURCHASE

CANTEEN ROSTER

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CANTEEN NEWS

Term 2 special day is a delicious Muffin & Milk from Mulga Fresh Bakery
TUESDAY 28 JUNE AT RECESS
All orders must be in by THURSDAY 23 JUNE

Muffin & Milk Day - $5.00

Name: ____________________  Class: ____________________

Please choose from the following

- [ ] Dark Belgium Chocolate  - [ ] Chocolate Milk
- [ ] White Chocolate & Raspberry  - [ ] Strawberry Milk
- [ ] Banana  - [ ] Banana Milk
- [ ] Water
2011 CPPS Trivia Night

On Saturday 18 June, the P&C are holding our annual TRIVIA NIGHT

Where: School Hall
Time: 7pm for 7.30pm
Cost: $15.00 per head
Theme: Back to the ‘80’s
BYO: Food & Drinks

Don’t worry if you can’t fill a whole table (10 people), we can compile a table for you – it’s a great way to meet different people from your community.

There will be prizes for the best dressed table and also winning and runners up table prizes.

Lots of fun on the night – Coin Toss Games, Heads & Tails Games, Lucky Seat Prizes, Music and much, much more!

Adults Only – no kids admitted

For bookings and enquiries please call Sue Szalay on 0404 022 489

Please complete the form below and leave it in the school office addressed to Sue Szalay – Trivia Night.

Name……………………………………………………………………………...
Contact Phone number ……………………………………………………………
No of People…………………..
Name for table……………………………………
Payment Included…………………………
P & C NEWS CONTINUED

PICK UP ZONE ROSTER

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CONNELLS POINT PUBLIC SCHOOL STICKERS

Proud of your school? Why not show it by putting one of our own Connells Point Public School stickers on your car window? We have a limited number of these beautiful stickers available for only $2.00. If you would like to purchase a sticker, please fill in the form below and, together with your money return it to your class teacher in an envelope clearly marked “CPPS Sticker”.

Name:........................................................................................................... Class:.................................................................

would like ................. stickers @ $2.00 each.

Total enclosed:.................................................................
OLD MOBILE PHONES WANTED!

Help us earn great educational products and help young Australians with cancer by simply bringing in your old, unwanted mobile phones.

A collection box is available in the Office

BE REWARDED

How schools can receive educational products simply by collecting and donating old mobile phones

- 80GB SD HDD Handycam = 150 phones
- 15.5” VAIO Notebook = 325 phones
- ActivBoard 378 Pro = 450 phones
- ActivBoard 178 = 820 phones

See the full range of Promethean and Sony products you can receive at www.youcanschools.org.au
Cool Kids® Program

An Anxiety Group Program for 8 to 12 year old children and their families

Presented by
St George Child and Adolescent Mental Health Service (CAMHS) - Child, Youth and Family Team

Children can experience a range of anxiety related difficulties. Some children:

- Are very reluctant to separate from their parent or carer;
- Are very shy and feel uncomfortable talking or socialising in large groups;
- Fear and avoid specific situations;
- Are easily worried by many things;
- Repeat certain actions as a way of preventing “bad” events or to remove uncomfortable feelings;
- Feel very sick and tense before certain important events (e.g., tests).

The Cool Kids® program is a 9 week group program for children and their parents. The program aims to equip children with the skills to better manage their anxiety, whilst training parents to effectively support their child as they master the skills of anxiety management.

- The program will be conducted by St George CAMHS Term 3, 2011;
- The program runs for 9 consecutive weeks;
- Program dates: Thursdays 28 July, 4, 11, 18 and 25 August, 1, 8, 15 and 22 September 2011;
- It will be run from 4 – 6pm on the above dates;
- Location: Hurstville Community Health Centre, 34 Woniora Rd, Hurstville;
- Parents must attend the entire program with their child;
- The program involves a maximum of 10 families at a time;
- Anyone can refer a child to the program, including families themselves.

If you would like a child to be considered for inclusion in this program, referrals can be made by calling the Access intake service on (02) 9540 7474. For general enquiries about the program, please call the Hurstville Community Health Centre on (02) 8198 7300. An assessment will take place prior to the program starting to ensure that this program will be helpful for the family.

© The Cool Kids Program is the property of the Macquarie University Anxiety Research Unit.